



**It is the time of the year for Kindness Day! As we celebrate this special occasion in the month of May, we are reminded that one person and one kind act can make a difference. Celebrate Kindness Day and share kind words with all around you!**



## **Friend of Singa 2021 Programme**

**A CALLOUT FOR  
ANDERSONIANS TO ...**





Dear Andersonians,

The Friend of Singa programme turns 31 this year and you can become a Friend of Singa by going on a kindness adventure! As a Friend of Singa, your mission is to spread kindness in school and at home.

Together, Andersonians can play a part make Singapore a kinder and more gracious place!



## Why is this important to Andersonians?

To build upon our school culture of **LIGHT**, and to show kindness to everyone around us, every Andersonian is now given the opportunity to be a **Friend of Singa (FoS)**.





# HOW TO BE A FRIEND OF SINGA?

- 1 Follow the instructions to complete the FOS mission found on the next few pages.
- 2 Submit your completed mission card to Singa via your school's Kindness Mailbox.
- 3 Singa will send you a memento after each submission.
- 4 There is a FOS mission in every issue of the Kindsville Times newsletter. Complete all missions to be recognised as a Friend of Singa with a badge and certificate at the end of the year!

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## KINDNESS IN SCHOOL

Want to spread kindness in school and at home? Together with your family members or classmates, think of creative ideas and complete the kindness missions below!

**You may consider showing kindness by:**

- Helping your teachers carry books
- Designing a poster to encourage good cleanliness habits
- Supporting your peers online with encouraging comments such as "good job" or "well done"
- Muting your mic during online lessons when you are not speaking
- Cleaning up after yourself after meals without being told
- Cheering someone up
- Writing an appreciation note

**Places in school**

Here's what I did to show kindness (E.g. Greeting someone, writing an appreciation note, helping someone)

**CLASSROOM**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**CANTEEN**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**TOILET OR WASHING AREA**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**ONLINE**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## KINDNESS AT HOME

Now, think of 2 family members you want to show kindness to. They could be your parents, guardian, siblings, grandparents, or uncle and aunty who stay with you.

**My Family Members**

**Name / Relationship**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Here's what I did to show kindness (E.g. Helping with a chore, sharing something)**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Name / Relationship**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Start on your KINDNESS Mission today!



SUBMIT YOUR FRIEND OF SINGA MISSION CARD

Now, tell Singa...

How did the school staff and/or your family members feel after receiving your acts of kindness?

How did you feel after showing kindness to others?

Did you enjoy doing this mission?

Yes. Why?

No. Why?

Full Name

School  Class

Parent/Guardian Signature

I agree to the collection and usage of my personal data provided in this mission card by the Singapore Kindness Movement (SKM). The personal data will only be used to administer this mission, in accordance with SKM's Data Protection Policy available at <https://www.kindness.sg/privacy-policy/>

Submit your completed mission card by dropping it into the Kindness Mailbox in your school by 30 April 2021. If your school does not have a Kindness Mailbox, you can submit your cards to 61 Stamford Road #01-08 Stamford Court, S178892 or email it to [kindsville@kindness.sg](mailto:kindsville@kindness.sg)



## Share your thoughts in your SINGA Mission Card.

Remember to let your parents sign your card.

Cut out the mission card page and submit them to your form teachers / CCE ambassadors *by 30 April.*



# Friend of Singa 2021 Programme

## KEEP YOUR SINGA MISSION CARD SUBMISSIONS COMING IN!







Last day of submission:  
30 April (Fri)

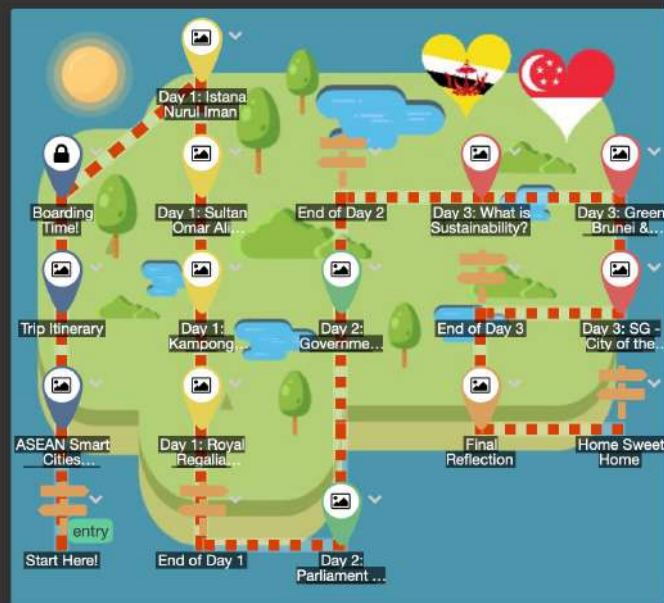
# ANDERSON PRIMARY SCHOOL

Student Leaders v.OLJ 2020



Singapore - Brunei

vOLJ





## Day 1

### Sightseeing in Bandar Seri Begawan (Brunei's Smart City)



## Istana Nurul Iman

- It was Included in the Guinness Book Records for the largest living residence of a state head .
- The palace is worth a total of 1 billion dollars and contains 1788 rooms , a helipad , 5 pools and more than 250 bathrooms!
- The name of Istana Nurul Iman means " *The palace of light and faith* "
- The palace took a total of two years to build and was completed on the 1st of January 1984



## Sultan Omar Ali Saifuddien Mosque

- Sultan Omar Ali Saifuddien is known as the most beautiful mosque in the Asia Pacific and is a popular tourist attraction in Brunei .



- The name of the mosque came after Omar Ali Saifuddien III , the 28th Sultan of Brunei .
- The mosque is a symbol of Islamic faith in Brunei and it dominates the skyline of Bandar Seri Begawan . The building was completed in 1958 and is an example of modern Islamic architecture.

## KAMPONG AYER

- Kampong Ayer is a floating village in Southeast Asia. The timber houses are located next to mosques, schools and restaurants. Speedboats are the only form of transportation for the local police, fire brigade and passengers around the kampong.
- **Fun fact :** The people living in the village actually have access to electricity, running water , television and even wifi . Unlike normal kampong, Kampong Ayer is a modernized village.





## Royal Regalia Museum



- The museum is located in the capital of Bandar Seri Begawan and it is dedicated to Sultan Hassanal Bolkiah who reigned Brunei for over 5 decades .
- A highlight exhibit at the museum is the life - sized gold chariot that was used to carry the Sultan through the city during his 1992 silver jubilee .

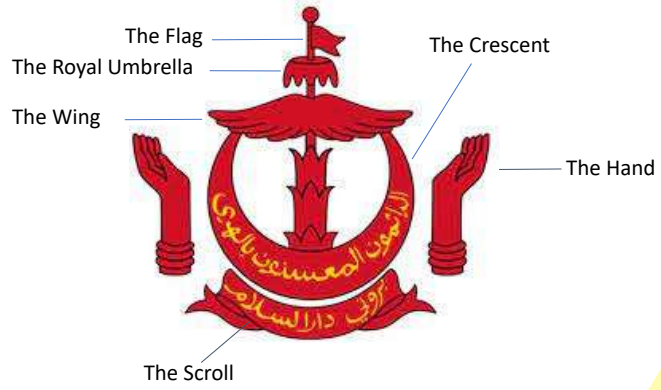


**The culture and places of Brunei really amaze me as there are places there like floating villages that we hardly see in Singapore. After touring the different places of interest, the one that left the strongest impression on me was Kampong Ayer as I have never experienced Kampong life before nor stayed in timber houses that floats on water. If I have a chance in the future, I would surely want to visit Kampong Ayer!**

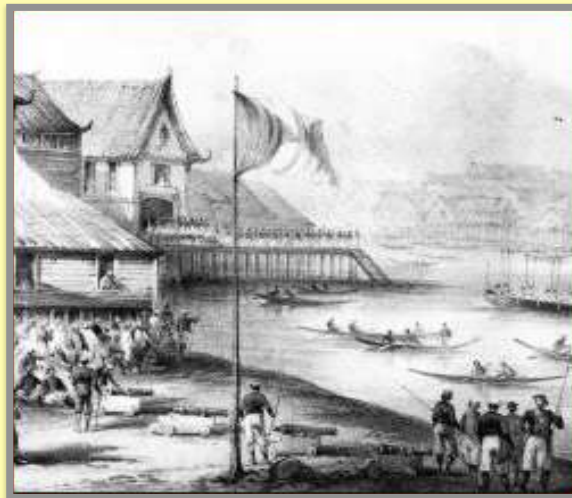




## Brunei Crest



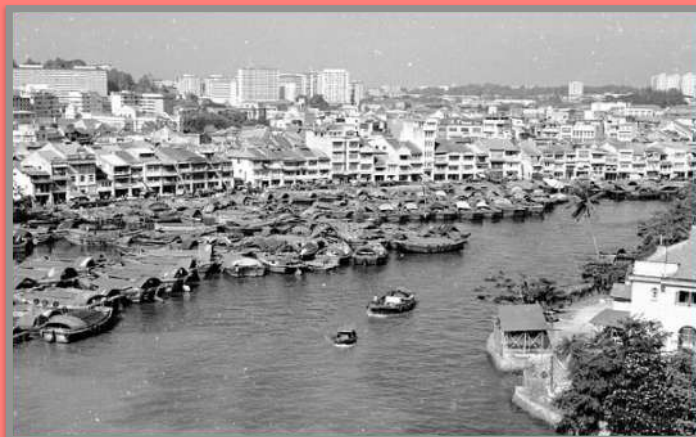
## Brunei's Trading Port, 1900s



## Singapore Crest



## Singapore's Trading Port, 1963





## Our Collective Efforts Towards Sustainability

### Singapore

- **Government pushes for green tech solutions**

Cleantech division to support companies in clean technology and green solutions.

- **Efforts to educate people on sustainability**

The younger generation is now more environmentally-conscious and has picked up good habits of Reduce, Reuse, Recycle.

- **To become a City of the Future**

Our 2030 Green Plan is a whole-of-nation movement to advance Singapore's national agenda on sustainable development.

### Brunei

- **Government passed laws to protect the forests**

In Brunei, 70% of the forests are protected by the government of Brunei.

- **Young Conservationists**

Young Bruneians are very environmentally-conscious and many of these Bruneians play an active part in conserving projects all around the country.

- **Big Goals**

Bruneians are targeting a 63% reduction in their total energy consumption by 2035, and to reduce their reliance on fossil fuels to generate energy.

## Singapore's 2030 Green Plan at a glance

Over the next 10 years, these are Singapore's commitments to achieve our long-term goal of net zero emissions:

- Plant 1 million more trees
- Expand cycling network to 1,320km by 2030 to reduce number of drivers on the road
- Increase rail network to 360 km by 2030 so that more trips are taken on public transport
- Reduce waste sent to our landfill per capita per day by 30% by 2030
- At least 20% of schools to be carbon neutral by 2030
- Increase use of solar energy
- HDB towns to reduce energy usage by 15% by 2030

# What can Andersonians do?



- Student leaders to run talks or presentations to educate Andersonians on the importance of creating a sustainable future for everyone.
- Recess activities to generate a buzz which serves as reminders eg. Clean Plate Campaign, Let's Stop Food Wastage (2020)
- Reduce our use of plastics, bring our own bags and containers when we do takeaways
- Create toys out of recycled materials
- Before we throw, think.
- Before we buy, think.



Law: 29

BH



I am feeling thankful that I am able to go for the virtual overseas learning journey. Even though I may not be able to go to Brunei in real life, I am grateful that my teachers put in effort to make sure that this year's batch of PS student leaders would be able to learn about Singapore's global geopolitical and economic uncertainties.

Sh

I feel happy because I've learnt SO much more than I thought I would and gaining new knowledge makes me happy.

## APPRECIATION & REFLECTIONS

Wi

it won't run out of resources

Su

I am happy that Singapore is a few decades advanced than other countries and has unique ways to be sustainable.

SY

fascinated



CC

I am thankful for the clean water that Singapore provides us.

Ka

I am thankful that Singapore is trying to progress towards sustainability as if this is not something we start to resolve now, our future and future generations would not be a very promising one





**Thank You!**

